



TRACK & FIELD MEET --- Thursday, APRIL 16, 2025

RUNNING EVENTS – ROLLING SCHEDULE

TIME	EVENT	DIVISION
4:15 PM	3200 M RELAY	GIRLS/BOYS
	100 M HURDLES/110 M HURDLES	GIRLS/BOYS
	100 M DASH	GIRLS/BOYS
	800 M RELAY	GIRLS/BOYS
	1600 M RUN	GIRLS/BOYS
	400 M RELAY	GIRLS/BOYS
	400 M DASH	GIRLS/BOYS
	300 M HURDLES	GIRLS/BOYS
	1600 M MEDLEY RELAY	GIRLS/BOYS
	800 M RUN	GIRLS/BOYS
	200 M RUN	GIRLS/BOYS
	3200 M RUN *MAY COMBINE	GIRLS/BOYS
	1600 M RELAY	GIRLS/BOYS

FIELD EVENTS SCHEDULE

FIELD EVENTS WILL START AT 3:45

DISCUS- BOYS FOLLOWED BY GIRLS

SHOT PUT- GIRLS FOLLOWED BY BOYS

LONG JUMP- BOYS AND GIRLS BOTH AT 3:45 *Boys West Pit/Girls East Pit

TRIPLE JUMP-Immediately following the Long Jump

HIGH JUMP- GIRLS FOLLOWED BY BOYS

POLE VAULT- GIRLS FOLLOWED BY BOYS

JAVELIN- BOYS FOLLOWED BY GIRLS

This meet is sanctioned by the SDHSAA.