



MILBANK VALLEY QUEEN CHEESE INVITATIONAL

TRACK & FIELD MEET --- TUESDAY, May 6, 2025

RUNNING EVENTS – ROLLING SCHEDULE



TIME	EVENT	DIVISION
2:30 PM	3200 M RELAY	GIRLS/BOYS
	100 M HURDLES/110 M HURDLES	GIRLS/BOYS
	100 M DASH	GIRLS/BOYS
	800 M RELAY	GIRLS/BOYS
	1600 M RUN	GIRLS/BOYS
	400 M RELAY	GIRLS/BOYS
	400 M RUN	GIRLS/BOYS
	300 M HURDLES	GIRLS/BOYS
	1600 M MEDLEY RELAY	GIRLS/BOYS
	800 M RUN	GIRLS/BOYS
	200 M RUN	GIRLS/BOYS
	3200 M RUN	GIRLS/BOYS
	1600 M RELAY	GIRLS/BOYS

FIELD EVENTS SCHEDULE

FIELD EVENTS WILL START AT 1:30

DISCUS- BOYS FOLLOWED BY GIRLS

SHOT PUT- GIRLS FOLLOWED BY BOYS

JAVELIN- GIRLS FOLLOWED BY BOYS

LONG JUMP- BOYS AND GIRLS BOTH AT 1:30 PM *Girls West Pit, Boys East Pit

TRIPLE JUMP- BOYS AND GIRLS BOTH FOLLOWING LONG JUMP

HIGH JUMP- GIRLS FOLLOWED BY BOYS Starting Height 4' Girls 5' Boys

POLE VAULT- (Boys and Girls) will start at 1:30 PM

This meet is sanctioned by the SDHSAA.