

NEC TRACK AND FIELD MEET TIME SCHEDULE
Thursday, May 11, 2023 Groton

	1:00		POLE VAULT-Webster, May 10
FIELD EVENTS	11:00	GIRLS: BOYS:	HIGH JUMP, DISCUS SHOT PUT, LONG JUMP
	1:00	GIRLS: BOYS:	SHOT PUT, TRIPLE JUMP HIGH JUMP, DISCUS
	2:30	GIRLS: BOYS:	LONG JUMP TRIPLE JUMP
FIRST SESSION	11:30	BOYS	110 M HURDLES - PRELIMS
	11:40	GIRLS	100 M HURDLES - PRELIMS
	11:50	BOYS	3200 M RELAY - FINALS
	12:05	BOYS	100 M DASH - PRELIMS
	12:15	GIRLS	100 M DASH - PRELIMS
	12:25	GIRLS	3200 M RELAY - FINALS
FINAL SESSION	1:30	BOYS	110 M HURDLES
	1:35	GIRLS	100 M HURDLES
	1:40	BOYS/GIRLS	100 M DASH
	1:45	BOYS	800 M RELAY
	1:55	GIRLS	800 M RELAY
	2:05	BOYS	1600 M RUN
	2:15	GIRLS	1600 M RUN
	2:25	BOYS	400 M RELAY
	2:30	GIRLS	400 M RELAY
	2:35	BOYS	400 M DASH
	2:45	GIRLS	400 M DASH
	3:00	BOYS	300 M HURDLES
	3:10	GIRLS	300 M HURDLES
	3:20	BOYS	1600 M MEDLEY
	3:30	GIRLS	1600 M MEDLEY
	3:45	BOYS	800 M RUN
	3:55	GIRLS	800 M RUN
	4:05	BOYS	200 M DASH
	4:15	GIRLS	200 M DASH
	4:25	BOYS	3200 M RUN
	4:45	GIRLS	3200 M RUN
	5:05	BOYS	1600 M RELAY
	5:15	GIRLS	1600 M RELAY