



**SOUTH DAKOTA NATIONAL GUARD INVITATIONAL  
TRACK & FIELD MEET --- FRIDAY, APRIL 16<sup>TH</sup>, 2021**

***RUNNING EVENTS – ROLLING SCHEDULE***

| <b>TIME</b> | <b>EVENT</b>                | <b>DIVISION</b> |
|-------------|-----------------------------|-----------------|
| 4:00 PM     | 3200 M RELAY                | GIRLS/BOYS      |
|             | 100 M HURDLES/110 M HURDLES | GIRLS/BOYS      |
|             | 100 M DASH                  | GIRLS/BOYS      |
|             | 800 M RELAY                 | GIRLS/BOYS      |
|             | 1600 M RUN                  | GIRLS/BOYS      |
|             | 400 M RELAY                 | GIRLS/BOYS      |
|             | 400 M DASH                  | GIRLS/BOYS      |
|             | 300 M HURDLES               | GIRLS/BOYS      |
|             | 1600 M MEDLEY RELAY         | GIRLS/BOYS      |
|             | 800 M RUN                   | GIRLS/BOYS      |
|             | 200 M RUN                   | GIRLS/BOYS      |
|             | 3200 M RUN *MAY COMBINE     | GIRLS/BOYS      |
|             | 1600 M RELAY                | GIRLS/BOYS      |

**FIELD EVENTS SCHEDULE**

***FIELD EVENTS WILL START AT 3:00***

DISCUS- BOYS FOLLOWED BY GIRLS

SHOT PUT- GIRLS FOLLOWED BY BOYS

LONG JUMP- BOYS AND GIRLS BOTH AT 3:00 \*Boys North Pit/Girls South Pit

TRIPLE JUMP-Immediately following the Long Jump

HIGH JUMP- GIRLS FOLLOWED BY BOYS

**Pole Vault (Boys and Girls) will start at 1 PM and be held in Ortonville, MN.**

**This meet is sanctioned by the SDHSAA.**