

South Dakota State University  
 Scott Underwood Invitational  
 Sanford-Jackrabbit Athletic Complex  
 April 1, 2019

**Field Events**

|         |       |  |
|---------|-------|--|
| 1:00 PM | B & G | Long Jump  |
| 2:00 PM | B     | Shot Put (cement ring)   |
| 2:00 PM | G     | Shot Put (Using the wood ring in throwing cage)                      |
| 2:00 PM | G     | High Jump  |
| 2:00 PM | B     | Pole Vault-North Pit   |
| 5:00 PM | M     | High Jump (30 minutes following the girls)                           |
| 5:00 PM | G     | Pole Vault-South Pit   |
| 6:00 PM | B & G | Triple Jump (start time will be 20-30 minutes after the LJ finishes) |

**Running Events (Rolling Schedule-Sprint races fast to slow-Distance races slow to fast)**

|                               |   |                          |       |
|-------------------------------|---|--------------------------|-------|
| 12:00 PM                      | G | 4 x 800m relay (1 heat)  | Final |
| 12:15 PM                      | B | 4 x 800m relay (1 heat)  | Final |
| 12:30 PM                      | G | 100m Dash (15 heats)     | Final |
| 12:55 PM                      | B | 100m Dash (17 heats)     | Final |
| 1:30 PM                       | G | 100m Hurdles (7 heats)   | Final |
| 1:50 PM                       | B | 110m Hurdles (4 heats)   | Final |
| 2:05 PM                       | G | 1600m run (3 heats)      | Final |
| 2:30 PM                       | B | 1600m run (4 heats)      | Final |
| 3:05 PM                       | G | 4 x 100m relay (4 heats) | Final |
| 3:20 PM                       | B | 4 x 100m relay (4 heats) | Final |
| 3:35 PM                       | G | 400m Dash (15 heats)     | Final |
| 4:10 PM                       | B | 400m Dash (17 heats)     | Final |
| Officials Break of 15 minutes |   |                          |       |
| 5:00 PM                       | G | 300m Hurdles (8 heats)   | Final |
| 5:22 PM                       | B | 300m Hurdles (7 heats)   | Final |
| 5:40 PM                       | G | 800m Run (4 heats)       | Final |
| 5:55 PM                       | B | 800m Run (5 heats)       | Final |
| 6:15 PM                       | G | 200m Dash (17 heats)     | Final |
| 6:45 PM                       | B | 200m Dash (17 heats)     | Final |
| 7:15 PM                       | G | 3200m Run (1 heat)       | Final |
| 7:35 PM                       | B | 3200m Run (2 heats)      | Final |
| 8:00 PM                       | G | 4 x 400m Relay (4 heats) | Final |
| 8:30 PM                       | B | 4 x 400m Relay (4 heats) | Final |