

# Schedule of Events for Ipswich Tiger Relays

## FIELD EVENTS –

**11:00 AM** BOYS LONG JUMP followed by GIRLS LONG JUMP  
GIRLS TRIPLE JUMP followed by BOYS TRIPLE JUMP  
GIRLS HIGH JUMP followed by BOYS HIGH JUMP (Girls starting height 3'10" & Boys 4'9")  
GIRLS DISCUS followed by BOYS DISCUS (Girls minimum distance 80FT & Boys 90FT)  
BOYS SHOT PUT followed by GIRLS SHOT PUT (Girls Minimum distance 25FT & Boys 30FT)  
GIRLS & BOYS POLE VAULT at the same time!! (6FT starting Height)

## RUNNING EVENTS – ROLLING TIME SCHEDULE \*\*\*ALL FINALS\*\*\*

**1:00pm** GIRLS 4 X 800M RELAY  
BOYS 4 X 800M RELAY  
GIRLS 100M HIGH HURDLES  
BOYS 110M HIGH HURDLES  
GIRLS 100M DASH  
BOYS 100M DASH  
GIRLS 4 X 200M RELAY  
BOYS 4 X 200M RELAY  
GIRLS 1600M RUN  
BOYS 1600M RUN  
GIRLS 4 X 100M RELAY  
BOYS 4 X 100M RELAY  
GIRLS 400M DASH  
BOYS 400M DASH  
GIRLS 300M HURDLES  
BOYS 300M HURDLES  
GIRLS MEDLEY RELAY  
BOYS MEDLEY RELAY  
GIRLS 800M RUN  
BOYS 800M RUN  
GIRLS 200M DASH  
BOYS 200M DASH  
GIRLS 3200M RUN  
BOYS 3200M RUN  
GIRLS 4 X 400M RELAY  
BOYS 4 X 400M RELAY