

**NEC TRACK AND FIELD MEET
TIME SCHEDULE
EVEN YEARS**

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|----------------------|-------|--------------|-------------------------|
| FIELD EVENTS | 11:00 | GIRLS: | SHOT PUT, TRIPLE JUMP |
| | | BOYS: | HIGH JUMP, DISCUS |
| | 1:00 | GIRLS: | HIGH JUMP, DISCUS |
| | | BOYS: | SHOT PUT, LONG JUMP |
| | 2:30 | GIRLS: | LONG JUMP |
| | | BOYS: | TRIPLE JUMP |
| FIRST SESSION | 11:30 | GIRLS | 100 M HURDLES - PRELIMS |
| | 11:40 | BOYS | 110 M HURDLES - PRELIMS |
| | 11:50 | GIRLS | 3200 M RELAY - FINALS |
| | 12:05 | GIRLS | 100 M DASH - PRELIMS |
| | 12:15 | BOYS | 100 M DASH - PRELIMS |
| | 12:25 | BOYS | 3200 M RELAY - FINALS |
| FINAL SESSION | 1:30 | GIRLS | 100 M HURDLES |
| | 1:35 | BOYS | 110 M HURDLES |
| | 1:40 | GIRLS/BOYS | 100 M DASH |
| | 1:45 | GIRLS | 800 M RELAY |
| | 1:55 | BOYS | 800 M RELAY |
| | 2:05 | GIRLS | 1600 M RUN |
| | 2:15 | BOYS | 1600 M RUN |
| | 2:25 | GIRLS | 400 M RELAY |
| | 2:30 | BOYS | 400 M RELAY |
| | 2:35 | GIRLS | 400 M DASH |
| | 2:45 | BOYS | 400 M DASH |
| | 3:00 | GIRLS | 300 M HURDLES |
| | 3:10 | BOYS | 300 M HURDLES |
| | 3:20 | GIRLS | 1600 M MEDLEY |
| | 3:30 | BOYS | 1600 M MEDLEY |
| | 3:45 | GIRLS | 800 M RUN |
| | 3:55 | BOYS | 800 M RUN |
| | 4:05 | GIRLS | 200 M DASH |
| | 4:15 | BOYS | 200 M DASH |
| | 4:25 | GIRLS | 3200 M RUN |
| | 4:45 | BOYS | 3200 M RUN |
| 5:05 | GIRLS | 1600 M RELAY | |
| 5:15 | BOYS | 1600 M RELAY | |