

# Redmen Twi-light Meet

## May 4, 2012

### Running Events Time Schedule – Rolling Schedule

<u>Time</u>	<u>Event</u>	<u>Division</u>
7:00 PM	100 M Hurdles	Girls
	110 M Hurdles	Boys
	3200 M Relay	Girls
	3200 M Relay	Boys
	100 M Dash	Girls
	100 M Dash	Boys
	800 M Relay	Girls
	800 M Relay	Boys
	1600 M Run	Girls
	1600 M Run	Boys
	400 M Relay	Girls
	400 M Relay	Boys
	400 M Dash	Girls
	400 M Dash	Boys
	300 M Hurdles	Girls
	300 M Hurdles	Boys
	1600 M Medley Relay	Girls
	1600 M Medley Relay	Boys
	800 M Run	Girls
	800 M Run	Boys
	200 M Dash	Girls
	200 M Dash	Boys
	3200 M Run	Girls
	3200 M Run	Boys
	1600 M Relay	Girls
	1600 M Relay	Boys

### Field Events and Time Schedule

**6:00 PM**

Discus – boys  
 Shot Put – girls  
 Triple Jump - girls  
 High Jump - girls  
 Long Jump – boys  
 Pole Vault – boys  
 Javelin – boys (ND schools only)

**7:30 PM** – or as soon as possible

following completion of prior event

Discus – girls  
 Shot Put – boys  
 Triple Jump – boys  
 High Jump - boys  
 Long Jump – girls  
 Pole Vault - girls  
 Javelin – girls (ND schools only)

The Sisseton Legion Relays is a sanctioned meet with the SDHSAA.