

**NEC TRACK AND FIELD MEET
TIME SCHEDULE**

FIELD EVENTS	11:00	GIRLS:	SHOT PUT, TRIPLE JUMP
		BOYS:	HIGH JUMP, DISCUS
	1:00	GIRLS:	HIGH JUMP, DISCUS
		BOYS:	SHOT PUT, LONG JUMP
	2:30	GIRLS:	LONG JUMP
		BOYS:	TRIPLE JUMP
FIRST SESSION	11:30	GIRLS	100 M HURDLES - PRELIMS
	11:40	BOYS	110 M HURDLES - PRELIMS
	11:50	GIRLS	3200 M RELAY - FINALS
	12:05	GIRLS	100 M DASH - PRELIMS
	12:15	BOYS	100 M DASH - PRELIMS
	12:25	BOYS	3200 M RELAY - FINALS
FINAL SESSION	1:30	GIRLS	100 M HURDLES
	1:35	BOYS	110 M HURDLES
	1:40	GIRLS/BOYS	100 M DASH
	1:45	GIRLS	800 M RELAY
	1:55	BOYS	800 M RELAY
	2:05	GIRLS	1600 M RUN
	2:15	BOYS	1600 M RUN
	2:25	GIRLS	400 M RELAY
	2:30	BOYS	400 M RELAY
	2:35	GIRLS	400 M DASH
	2:45	BOYS	400 M DASH
	3:00	GIRLS	300 M HURDLES
	3:10	BOYS	300 M HURDLES
	3:20	GIRLS	1600 M MEDLEY
	3:30	BOYS	1600 M MEDLEY
	3:45	GIRLS	800 M RUN
	3:55	BOYS	800 M RUN
	4:05	GIRLS	200 M DASH
	4:15	BOYS	200 M DASH
	4:25	GIRLS	3200 M RUN
	4:45	BOYS	3200 M RUN
	5:05	GIRLS	1600 M RELAY
	5:15	BOYS	1600 M RELAY