

CANTON RELAYS TIME SCHEDULE

FIELD EVENTS 3:15

GIRLS LONG JUMP FOLLOWED BY GIRLS TRIPLE JUMP
GIRLS DISCUS
BOYS SHOT PUT
GIRLS HIGH JUMP
BOYS TRIPLE JUMP FOLLOWED BY BOYS LONG JUMP
BOYS JAVELIN

4:30 (APPROXIMATELY)

GIRLS SHOT PUT
BOYS HIGH JUMP
BOYS DISCUS
GIRLS JAVELIN

RUNNING EVENTS

3:45	GIRLS 4 X 800-METER RELAY 3:45
3:55	BOYS 4 X 800-METER RELAY 3:55
4:05	GIRLS 100-METER HURDLES 4:05
4:30	BOYS 110-METER HURDLES 4:30
4:45	GIRLS 100-METER DASH 4:45
4:55	BOYS 100-METER DASH 4:55
5:05	GIRLS 4 X 200-METER RELAY 5:05
5:10	BOYS 4 X 200-METER RELAY 5:10
5:15	GIRLS 1600-METER RUN 5:15
5:25	BOYS 1600-METER RUN 5:25
5:35	GIRLS 4 X 100-METER RELAY 5:35
5:40	BOYS 4 X 100-METER RELAY 5:40
5:45	GIRLS 400-METER DASH 5:45
5:55	BOYS 400-METER DASH 5:55
6:05	GIRLS 300-METER HURDLES 6:05
6:15	BOYS 300-METER HURDLES 6:15
6:25	GIRLS MEDLEY RELAY 6:25
6:35	BOYS MEDLEY RELAY 6:35

6:45	GIRLS 800-METER RUN (TWO HEATS) 6:45
6:55	BOYS 800-METER RUN (TWO HEATS) 6:55
7:05	GIRLS 200-METER DASH 7:05
7:25	BOYS 200-METER DASH 7:25
7:45	GIRLS 3200-METER RUN 7:45
7:45	BOYS 3200-METER RUN 7:45
8:05	GIRLS 4 X 400-METER RELAY 8:05
8:15	BOYS 4 X 400-METER RELAY 8:15